

Food, Pools and Lodging Services Section 625 North Robert Street, P.O. Box 64975 St. Paul, MN 55164-0975 651-201-4500

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# Minnesota Food Code Rule Revision Assisted Living Advisory Workgroup, Meeting 3

**Meeting Minutes** 

Monday, June 3, 2013, 9:00am, Freeman Building, Room B107

#### Present:

Freeman Building: Sue Brinkhaus, Susan Peterson, Cassandra Brandt, Linda Prail, John Weinand, Michelle Nash, Jill Nokleby Kaiser, Mary Youle, Angie Cyr, Mary Cahill, Jim Loveland, Colleen Paulus, Mark Clary, Pam Belz

Douglas County (video conference site): Casey LaSota, Doug Breitkreutz

Duluth District Office (video conference site): James Backstrom

#### **Introductions:**

#### Freeman Building

Linda Prail - Rules Coordinator, Food, Pools and Lodging, Minnesota Department of Health

Cassandra Brandt – Minnesota Department of Health

Susan Peterson – Minnesota Department of Health

Mary Cahill - Planning & Policy, Compliance Monitoring

Jim Loveland - Engineering Services Director, Compliance Monitoring

Mary Youle – Aging Services of Minnesota

Jill Nokleby Kaiser - Ebenezer

Sue Brinkhaus - Ebenezer

Michelle Nash - Legacy Care Homes, Minnetonka

John Weinand - City of Minnetonka

Mark Clary - Ramsey County Public Health Department

Pam Steinbach - Regulatory Operations Supervisor, Minnesota Department of Health

Pam Belz - Presbyterian Homes

Jill Schewe - Care Providers of Minnesota

## **Douglas County**

Kasey LaSota -Douglas/Polk County Health Department

Doug Breitkreutz – Douglas/Polk County Health Department



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## **Duluth District Office**

James Backstrom – Sanitarian Supervisor, Minnesota Department of Health

## Re-cap of last meeting

## **Descriptive Words (handout)**

Home-like Levels/tiers of care Options/choices Ever-changing Independence

## Issues: (handout)

Multiple oversight/inspections of the same community Inconsistency in the application of the Food Code Need fair regulation Funding Trained staff and staff turnover Safety vs. innovation Expensive equipment

The first 3 under 'issues' were consistent on just about every paper that we had turned in.

Any other descriptive words?

No

Has anyone found any specifications for 'high-level' residential equipment? No

If anyone has heard about any of these or seeing any of these, we would be very interested in seeing them and learning more.

All agree at the moment that there are NSF certified dishwashers; have not seen any NSF certified ovens, stoves, and refrigerators.

Pam Belz: Have a packet that includes refrigerators and stoves but I want to review with someone first



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Linda: Need to educate on what NSF is and why we require it.

Jim: Why aren't we just calling NSF?

Linda: Plan reviewers have done that with individual pieces of equipment

Jim: Do that, skip the internet, and call them directly.

Linda: What we are trying to learn about is the information that is floating out there. There is a lot of

misinformation. Things that are NSF, or "NSF like." What is being told to people?

Pam Belz: Residential grade appliances that meet the same standards of NSF, but not certified NSF.

That's the packet of info I have.

**Colleen:** There are a few different companies that certify equipment

**Linda:** Possibly come up with a fact sheet or different sheet that describes the standards and what the standards are in Minnesota. If you hear of things, or you get contacted, let us know. Great to know what's going on out there.

#### **Ebenezer Handout:**

**Linda:** At the first meeting we asked that information be provided about how a current assisted living place is being run. Document was provided by Ebenezer.

**Sue Belz:** All a little bit different, some are memory care, memory care suites and assisted living. Our big issues have been the serving part of it. We take food down different ways. Because counters and cupboards are not NSF standard, we are not allowed to put any food on them or serve from them. Not allowed to store in refrigerators; even short term. Not NSF.

**Jill Nokleby Kaiser:** Some serving standards to achieve a home-like environment, example: wants juice at night. At the time that they request items, becomes an issue. Getting staff to transport makes it a little less home-like.

Any questions?

No

Linda: What you're doing is having one major prep area? From there transfer it out to serving kitchens?

**Sue Belz:** Those kitchens are not NSF **Colleen:** Neighborhood kitchens?

Sue Belz: Yes

Linda: Does anyone have or know of a configuration in an assisted living with a prep kitchen, serving

kitchen and also a neighborhood kitchen

Sue Belz: A couple of ours do; under counter dishwasher

Pam Steinbach: A list of 6 places that have that

Linda: Basically 3 different types of kitchens that we could talk about. Need to agree on terminology.



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The biggest problem with communicating is not having common terminology. Common terminology to use:

1. Prep kitchen

2. Serving kitchen (some NSF, some not NSF)

3. Neighborhood kitchen (most cases not NSF)

**Michelle:** Assuming we're looking at the larger facilities. Not all have all 3 of these kitchens.

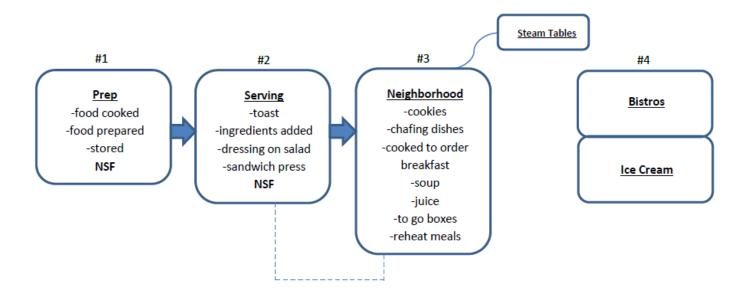
**Linda:** Agree that we have those 3 different terms?

**Jill Belz:** The serving kitchen is often the main kitchen, the prep kitchen is often for providers sometimes NSF, sometimes not.

Jill Nokleby Kaiser: I guess the preparation for our purposes is where we are serving the food

Michelle: The prep kitchen would be for the cooking.

Jill Nokleby Kaiser: The serving kitchen should be defined as NSF and neighborhood would be non NSF



Linda: Use these as 'big' terms

**Colleen:** Thought the neighborhood kitchens were for cookies, light breakfast

**Jim:** Neighborhood kitchens were originally meant for a la carte served to individuals. Residential range, residential hood, could be used for baking. Cookies, pies, cake. Used for breakfast in morning, but maybe during the day as an activity, a few people would make a pie. First told people could not use dessert as main dietary menu, but have now changed.



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Break up into small groups. Douglas and Duluth, work on bistros and ice cream parlors. Group 1, work on prep kitchens. Group 2, serving kitchens. Group 3, neighborhood kitchens.

- Come up with a definition of what this kitchen is. Should have either a physical description of kitchen, or activities that take place in kitchen.
- Then, talk about what kind of equipment needs to be in that type of kitchen.
- Talk about what types of procedures need to accompany preparation or serving of food in that particular type of kitchen.

20 minutes to work in group

## Group 1-Colleen Paulus, John Weinand, Jill Nokleby Kaiser, Mary Cahill

#### **Prep Kitchens**

**Definition:** Approved kitchen, surfaces and equipment-meet food code. 4626.0025 subd 35 A &D

**Equipment:** NSF 4626.0505

**Procedures:** Entire food code applies chapter 4626.

CFM-supervises all food and beverage.

Main kitchen supports all other kitchens

## Group 2-Pam Steinbach, Mary Youle, Angie Cyr, Jim Loveland

## **Serving Kitchens**

**Definition:** A food service area where food is prepared in a main kitchen and served in the kitchen-limited food would be made such as toast or reheating foods.

**Equipment:** May be residential but menu would drive the type of equipment. For example, reheating would require NSF microwave but cabinets may be wood if factory finished, 3 coats of poly or equivalent. Counters laminate or solid surface. Refrigerator may be non NSF if used only for individual beverages and condiments.

**Training:** PIC requirements from food code

<sup>\*</sup>basically writing a rule for these types of kitchens



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## <u>Group 3- Michelle Nash, Sue B, Jill S, Mark Clary, Pam Belz</u> Neighborhood Kitchens

Serves up to 25

Can be non-commercial or mix of NSF/Residential

Surfaces/cabinets can also be mix of residential and solid surface depending on function (any misc. prep on solid surface)

**Purpose:** Activities with residents (treats, cookies)

Prep/service of breakfast

Finish/plate/serve other meals

**Training:** Could be culinary staff or universal worker

Needs food safety training with annual competency training

Storage of juice, snacks, dairy allowed in fridge

Storage of dry snacks

**Sinks:** policy all food comes washed from #1 kitchen 2 compartment sink with disposal (can be used for handwashing, draining water for coffee, scrape dishes for going into dishwasher (NSF)).

**Jim:** 2 and 3 can be similar. Serving kitchen is not a neighborhood kitchen. The key is food coming from main kitchen, that food comes from there and is placed in NSF equipment and plated and served from that point. Suggest adding to neighborhood kitchen, dishwasher, must be NSF listed. Neighborhood kitchens must have NSF dishwashers.

#### **Group 4, Douglas Co, James Backstrom**

#### **Bistros/Ice Cream Parlors**

**Definition:** Made to order sandwiches, wraps, soup of the day,. Ice cream parlor, hand scooped ice cream, dipper well.

**Equipment:** Didn't see non NSF as big of a deal. Panini press, counter top soup warmer, counter top steam well with 3 compartments, under counter fridge. Didn't see a lot of prep taking place in this. Bistro wouldn't be cutting up a lot of vegetables, etc. would assume that this would be coming from main kitchen. Wouldn't have dishwashing; maybe a small 3 comp sink. Bus tubs put on a cart to go to a kitchen with washing facilities. No hood. Smaller countertop equipment

**Purpose:** Family/friends would be eating. Outside public. Diversity from sit down offering. Additional items. Training-CFM in greater facility responsible for food service.

10 minute break



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Split into 2 groups. Regulators in one group; providers in another group.

Look at all 3 columns and also what you heard from Duluth/Douglas Co. write down any issues that have with any of the information that was written on the white board. 5 minutes to do this.

**James:** Don't see the need for any new rules or anything for bistros or ice cream parlors. Probably already NSF equipment.

**Casey:** We agree with James. More than likely are already going to have NSF equipment. A lot of times these are used by the outside public.

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Final Group Exercise. 4 regulators in FPLS, 6 providers (2 providers with each regulator), and compliance monitoring can join whichever group they'd like. Brainstorm for 7 minutes on ways that problems can be fixed. Inconsistency. Duluth/Douglas Co just come up with ideas.

Assignment for next meeting: think about what you've been talking about in the last group that you were in. Inconsistency, interpretation, etc. in the next meeting we will start by writing up a plan for that. There will be a quiz at the beginning of the next meeting.